**Participant Recruitment Announcements**

**Announcement on the experimental hours scheme for the University of Bristol psychology students**

Study name: Short-form video context switching’s effect on Prospective Memory – A replication of Chiossi et al.

Study type: In-person experiment which should take about 30 minutes to complete.

Description: The purpose of this study is to investigate the impact of Short-form media context switching on cognitive performance. More specifically, it aims to examine the effects of fast context switching of increasingly popular media forms (TikTok etc) on Prospective Memory Performance. Consenting participants will complete multiple-choice and open text questions about their demographics, social media usage and addiction. Following this, you will take part in the pre-condition Prospective memory task. Next, you’ll be allocated to one of three conditions: Control, Controlled Short form media context switching, Unlimited Short form media context switching. After, you will complete the post-condition Prospective Memory task. Finally, self-report questionnaires about your engagement will be asked.

Eligibility: Must be aged over 18 years, good level English language comprehension and have no visual difficulties.

Duration: 30 minutes.

Credits: 1/2 credit

Please email Nick Barton at gm21932@bristol.ac.uk for more information about the study.

**Invitation email to known associates.**

Subject: Invitation to participate in research – Virtual Reality mindfulness programme use for anxiety reduction and the impact of visualization ability.

You are invited to take part in a study that investigates the impact of Short-form media context switching on cognitive performance. More specifically, it aims to examine the effects of fast context switching of increasingly popular media forms (TikTok etc) on Prospective Memory Performance. Consenting participants will complete multiple-choice and open text questions about their demographics, social media usage and addiction. Following this, you will take part in the pre-condition Prospective memory task. Next, you’ll be allocated to one of three conditions: Control, Controlled Short form media context switching, Unlimited Short form media context switching. After, you will complete the post-condition Prospective Memory task. Finally, self-report questionnaires about your engagement will be asked.

The findings from this study will help develop current knowledge about Short form medias context switching effects on cognitive abilities.

The research is being conducted by Nick Barton under the supervision of Dr. Michael Smyth, as part of Nick’s Psychology (BSc) programme.

To participate, you must be aged over 18 years, good level English language comprehension and have no visual difficulties.

Your participation is completely voluntary. You are free to withdraw from the study at any point without explanation or penalty by contacting the researcher. However, after the participation process is completed, your data will be anonymised and so it will not be possible to withdraw your data from the study after your participation is complete.

If you are interested in taking part, please contact the researcher Nick Barton at gm21932@bristol.ac.uk

Feel free to share this email to anyone you think would wish to participate.

Many thanks,

Nick Barton

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